

From the President Adam Otteson

Dear Chamber members,

I hope your new year is going well! Can you believe we are a month into 2020 already? Time sure goes by fast when you are having fun. Someone told me the other day that 2050 is now closer than 1990. This made me feel pretty old.



Thank you to our Past President Kerry Peterson of Premier Realty for leading the Chamber in another successful year. You did a wonderful job!

Last month at Chamber, we visited Woodcrest of Country Manor for our monthly meeting. Thank you for being a wonderful host. We also had Wendy Galanius of Senior Linkage Line as our speaker. Thank you for sharing more about what you do and explaining how it may impact others in our lives.

As a Chamber we are always looking for ways to improve our meetings and for you to connect over lunch with other leaders within our community. Hopefully you all see the benefit of our speakers and enjoy getting to know more about other businesses and what they have to offer. You will probably notice some minor changes coming up in our meetings that will help you learn more about St. Joe!

Don't forget to register for our Community Showcase coming up on April 18th! This is a wonderful opportunity to get your business in front of our community members and this event is always well attended.

Please join us at our upcoming February meeting at the City Government Center on February 12 from 11:30 am to 1pm.

Adam Otteson, President

Community
Showcase

Saturday, April 18

10am-1pm

ST. JOSEPH
CHAMBER OF
COMMERCE:
THE VOICE OF

The St. Joseph Area Chamber of Commerce is a group of local businesses and individuals interested in the general welfare and prosperity of the St. Joseph, MN area.

The main interests of the organization are to promote and support commercial, industrial, civic, economic and educational concerns of the area.

President:
Adam Otteson,
Central MN Credit Union

Vice President:
Joe Prodinsky,
Bank Vista

Treasurer:
Brad Eckhoff,
Sentry Bank

Member at Large:
Sarah Wischnefski,
Brenny Transportation, Inc.

Past President:
Kerry Peterson,
Premier Real Estate Services

Chamber Administrator:
Jude DuHoux

CONNECT WITH US:
stjosephchamber@gmail.com
320-433-1043



St Joseph Area Chamber of
Commerce



@StJosephChamber

StJosephChamber.com

Visit our website for a great list
of local chamber member
businesses!

February 12 Chamber Lunch & Learn

St. Joseph Government Center
75 Callaway Street East

St. Joseph

11:30am (social) 12-1:00pm



"State of the City" presented by:

City Administrator Chris Ambuehl, Mayor Rick Schultz & City Staff

The State of the City address looks back at the previous year's accomplishments and projects and discusses what we can look forward to the coming year.

Catering: Kay's Kitchen Catering

Note: Chamber luncheons are held the second Wednesday of each month from 11:30am -1:00pm. Please bring a non-chamber member to come and hear the presenter, enjoy a delicious lunch and experience our enthusiastic welcoming group.

Check this out!

BUSINESS AFTER HOURS EVENT

**Are you looking for a brand new way
to promote our business?**

Business After Hours is not only a great networking opportunity, it is a perfect way to bring business to your door! When you host one of the quarterly events you have a unique opportunity to introduce your organization to business professionals who may not be familiar with who you are and what you do.

If you would like to host a Business After Hours, contact Jude by email at

stjosephchamber@gmail.com

Create a relaxing, informative evening to network! Traditionally held from about 4:30-6:30, Business After Hours is one of St. Joseph Chamber's sought after events.

St. Joseph
AREA CHAMBER of COMMERCE

It's Easy! Really!

BE A MEETING HOST!

We are looking for member businesses to host a monthly Chamber meeting. This is a wonderful opportunity to showcase your business and tell others why they should do business with you. Any member is welcome to host a meeting. As host you will have an opportunity to greet our members and time at the beginning of the meeting to highlight your company. You will also have the opportunity to display any brochures, business cards, or giveaways. If you would like to be a Chamber lunch host please contact Jude for available months.

stjosephchamber@gmail.com

320-433-1043



St. Joseph 
AREA CHAMBER of COMMERCE

Community Showcase

Don't miss out on this opportunity!

Saturday, April 18, 2020

10am to 1pm

This event invites our Chamber members, area businesses and community organizations to set up booths and show our community what St. Joseph is all about.

Local restaurants give away their signature dishes; home improvement vendors demonstrate their products and answer consumer questions, and local community organizations educate families about local projects and causes. Plus activities for kids!

Sponsorship and Booth Registration Forms will be sent soon!

Save the Date!

Share Your News

This newsletter is your **FREE** opportunity to share information about exciting things happening in your organization with the rest of the St. Joseph Chamber!

Send us newsworthy updates about your:

- Celebrations
- Recognitions, Awards and Accomplishments
- Advancements
- New Employees
- Job Listings
- New Projects and New Locations
- Construction and Renovations
- Or anything journalism-related you'd like to share!

Newsworthy submissions to inform and enlighten will be accepted for our newsletter.

Deadline: 20th of every month!

Email your business name and a paragraph of 300 words or less, exactly as you'd like it published, to: Jude DuHoux at: stjosephchamber@gmail.com with the subject line "**NEWSLETTER**".

FREE Advertising Opportunity

Send us advertising to promote your business:

- Sales
- Exclusive Offers
- Coupons
- Promotions
- Special Events
- Grand Openings
- New Products

Your Chamber Board of Directors has made the decision to offer free advertising in this newsletter. You must submit a camera-ready 8.5x11 or 8.5x5.5 jpg or pdf by the 20th of the month to advertise. You must submit each month and you must include an offer or benefit to our members within your advertising.

DON'T MISS THIS!

Deadline: 20th of every month!

Plan ahead for your Advertising!

10 Bonuses of Advertising in Chamber News

Your target audience is welcoming newsletters in their email box every day. The Chamber News is the right e-newsletter for placing your ads. You are speaking directly to your best potential customers. Advertising in emailed newsletters is one of the most effective and least expensive forms of advertising.

#1: Precise Targeting

#2: FREE

#3: Monthly top-of-mind visibility

#4: Links to your home page

#5: Credibility

#6: Anytime, anywhere the newsletter reaches your audience.

#7: Lead generation

#8: Pass-Along Exposure

#9: No SPAM worries

#10 Positive SEO for your website



Graphic Design Services

Business Cards
Direct Mailers
and more...



Digital Marketing Set Up Fee

Review Management
Google My Business



Responsive Website Projects

New Designs
Development
Redesigns

Cohlab Digital Marketing

We are excited to offer a 10% discount on all Website Projects, Design Services, and any Digital Marketing set up fees (including Reputation/Review Management and Google My Business) to Chamber members.

Get In Touch Today:

www.Cohlab.com

Kelsey@Cohlab.com

(320) 282-5828

St. Joseph
AREA CHAMBER of COMMERCE

Lunch & Learn Certificate: FREE Lunch

Be Our Guest!

Be Our Guest!

Be Our Guest!

Attend your first Chamber **Lunch & Learn** and lunch is on us!

The St. Joseph Area Chamber of Commerce invites you to one of our informational meetings held the second Wednesday of every month at the St. Joseph Government Center (City Hall).

Don't Miss Out of a Great Opportunity to:

*Network with other businesses. *Increase recognition. *Generate new contacts. *Inform others about your business.

Name: _____

Company: _____

Phone Number: (____) _____ Email: _____



St. Joseph
AREA CHAMBER of COMMERCE

COMMUNITY SHOWCASE 2020

Saturday, April 18, 2020 ~ 10 a.m. to 1 p.m.
Kennedy Community School

Sponsorship

____ Sponsorship (\$500 members/\$625 non-members)

*Sponsorship must be received no later than **March 1**, to be Guaranteed Sponsor Perks!*

- ◆ Logo prominently displayed at the event
- ◆ Radio commercial acknowledgement
- ◆ Recognition in event advertisements
- ◆ Your logo on the Chamber's Website
- ◆ Single booth included
- ◆ Sponsors choose their booth location...first come, first served basis

Booth Registration Form

Booth Participant Benefits

1. Connect with the Community! Put your business in the spotlight!
2. Network & Build Relationships
3. Create Brand Loyalty
4. Great Publicity Highlighting Chamber Involvement
5. Showcase Your Products and Services & Capture Sales Leads

Booth Only Options: Registration is due March 17th!

____ Chamber Member/Non-Profit (\$175)

____ Non-Chamber Member (\$300 and includes a \$125 one-year Chamber membership)

*All sponsors and booth vendors must respond: **Electrical Outlet Needed** ____ Y ____ N*

All booth rentals include a 10' wide x 8' deep space with backdrop, one skirted table and two chairs. Booth set up time will be confirmed closer to the event. *NOTE: No monetary sales during the event – samples may be given away.*

Make your check payable to St. Joseph Area Chamber of Commerce and mail your completed form to:
St. Joseph Chamber of Commerce, PO Box 696, St. Joseph, MN 56374 or email to stjosephchamber@gmail.com.

Business Name: _____

Contact Person: _____

Address: _____

Phone Number: (____) _____ Email: _____

McDonald's in St. Joseph Honors Employee Jay Lowman



Jay Lowman is a 67 year old veteran who served his country in the United States Air Force. After the Air Force he worked for 30 years in drafting and design.

Five years ago Jay moved to the community from Pennsylvania. Since the move he has worked in St. Joseph at Casey's General Store and for the past year at McDonald's. As a member of the McDonald's family, Jay works as our Guest Experience Lead. His favorite part of his job is spending time with the guests and making children smile.

When Jay is not working he's spending time with his girlfriend Cindy and dog Neena. He enjoys relaxing when he has time off, going to the movies with Cindy and following his favorite sports teams, (sorry Vikings, Gophers and Twins...Jay's teams, of course, are the Eagles, 76ers and the Phillies).

Jay has been a great addition to the community and McDonald's. We are honored to have him live and work beside us and cannot wait to spend more time getting to know him.

Thank you Jay Lowman for your service.

Really The Very Last Diet You'll Need

It's that time of the year again when we make resolutions to lose some weight and embrace healthier habits. That usually involves some type of "diet."

Every year it seems there are more choices. Paleo. Ketogenic. Mediterranean. Weight Watchers. The list goes on.

Which one is best?

It's a question we get all the time from those who have either begun a slimming program or are considering one. They're looking for confirmation as to which diet is easy and effective.

But virtually every diet has a serious flaw. It's the diet part.

Name the diet, and if someone follows it, they'll likely lose some weight. When they reach their goal, they congratulate themselves and return to their original eating and exercise habits.

These are the eating and exercise habits that created the need for a diet in the first place!

Not surprisingly, they're back to where they began. But now, discouraged and disillusioned. This is such a common condition it even has a name. It's called the Yo-Yo Diet.

When you resolve to lose some weight, think long term. Instead of a diet, plan on forming a new habit. Plan on a new way of eating and moving that you intend to do for the rest of your life.



We see this in our practice. Many people see their chiropractic care as a short-term "diet" of sorts. They come in religiously when they're hurting. But discontinue their care when they're feeling better.

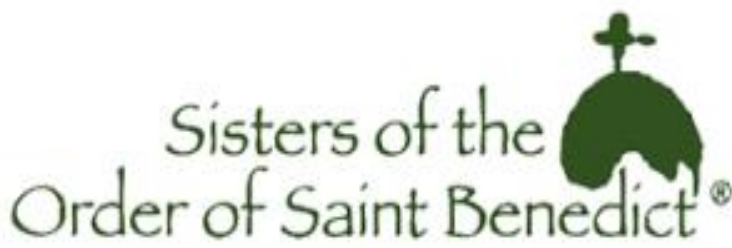
Not surprisingly, later, they experience a return of their original problem. That's because your body makes lasting spinal changes with continued care after symptoms subside.

In fact, in many cases, because of so many years of neglect, a full correction isn't possible. Instead, some type of ongoing supportive care is needed. Kind of like brushing and flossing for the rest of your life. It's a lifestyle choice.

So rather than a brief episode, getting and keeping our nervous systems interference-free is a lifestyle choice.

That's why we have more and more patients who opt to see us on a monthly or twice-monthly basis. They're the ones that tried the chiropractic diet a couple of times and decided to go for the chiropractic lifestyle.





Upcoming Events at Saint Benedict's Monastery

Raising Questions, Speaking Truth Thursdays, March 5, 19, April 2
Facilitator: Jessie Bazan, M.Div. What truths do you long to speak? What questions are stirring in your heart? Through prayer, reflection and conversation, this three-session series seeks to create a safe space for participants to wrestle with issues of faith that don't have easy answers. The wisdom of Sister Joan Chittister, OSB, will guide our time together. <https://sbm.osb.org/event/raising-questions-speaking-truth/>

Lent Centering Prayer Retreat Friday, March 6, 7 p.m., through Sunday, March 8, 1 p.m. Katherine Howard, OSB An all-silent retreat with multiple periods of Centering Prayer and two guided learning sessions. <https://sbm.osb.org/event/len-centering-prayer-retreat/>

Rainbow Support Evening Thursday, March 12, 7–9 p.m. Parents/allies/friends and GLBTQI persons gather to pray, share stories and support each other. Confidentiality is maintained. <https://sbm.osb.org/event/rainbow-support-evening-3/>

The Celtic Way: Writing Toward Wholeness Saturdays, March 14, 21, April 4 Facilitator: Mara Faulkner, OSB The ancient Celtic Christians of Ireland, Scotland, Wales and Britain brought together realities that are often divided or fragmented in our world—humans and nature, men and women, the sacred and the secular, to name a few. Because of the human longing for wholeness, the Celtic spirit, silenced for many centuries, is now reemerging. Guided by Celtic writing and art and the world around us, we will write prayers, chants, blessings, stories, poems—going where the spirit leads us. We will read and respond to each other's work and put together a little collection of our work. <https://sbm.osb.org/event/the-celtic-way-writing-toward-wholeness-4/>

Ordinary Miracles: Writing Our Book of Delights Mondays, March 16, 23, 30 Facilitator: Mara Faulkner, OSB Every day for a year, poet Ross Gay looked for, found and recorded a moment of ordinary delight—a chance meeting, an act of kindness, a flash of beauty. He collected his reflections in The Book of Delights. For three weeks, we will do the same, every day capturing in words an ordinary delight to share with each other and compile in our own Book of Delights. Writers of all kinds with all levels of experience are welcome. <https://sbm.osb.org/event/ordinary-miracles-writing-our-book-of-delights/>

News at Saint Benedict's Monastery

- After 104 years of a rich, fruitful life, Sister Helenette Baltes entered eternal life on January 2, 2020.
- We are hiring for a variety of positions in health care and food services at Saint Benedict's Monastery and Saint Scholastica Convent. If you know someone who is looking for a career in a positive work environment, send them our way! View current openings.
- Registration for Girls, God and Good Times (3G) Camp is now open! 3G Camp is a Catholic, Benedictine camp for girls in grades 4–12. At this camp, your daughter will learn about the lives and history of the Sisters of the Order of Saint Benedict, live in dorms on the College of Saint Benedict campus, grow in their faith and develop lifelong friendships! Learn more or register.
- Save the date! This year's Nun Banquet, our annual fundraiser for Central Minnesota Habitat for Humanity, will take place on Friday, March 13, at Saint Benedict's Monastery. At this event, you will enjoy a delicious buffet of meatless soups, bread and cookies, all donated by local businesses and Saint Benedict's Monastery. Be sure to place this delicious, supportive event on your calendars!

Experts Clarify Definition of a Heart-Healthy Diet

In the midst of mixed messages around food, experts help clarify exactly what it means to have a heart-healthy diet and how to adapt those guidelines based on personal preferences.

Published in the American Heart Association journal *Circulation*, this statement reviewed the latest dietary recommendations to help clarify the age-old question: What is a healthy diet? While guidelines have remained relatively consistent, few Americans' food intake meets the current definition of a healthy, well-balanced diet.

Based on the 2015–2020 Dietary Guidelines for Americans, a healthy eating pattern is rich in vegetables, fruits and whole grains, and includes low-fat dairy products, poultry, fish, legumes, nuts, and non-tropical vegetable oils (i.e., cooking with olive oil instead of coconut or palm oils). A healthy diet also limits intake of sweets and desserts, sugar-sweetened beverages, red meats and processed foods.

However, the key to improving diets, as authors explain, is for Americans to adapt recommendations based on their unique cultural, economic and taste preferences. For example, whole grains can include breads, tortillas, barley, brown rice, quinoa, and cooked cereals. Proteins can include anything ranging from lean beef and pork to eggs, nuts and seeds. Experts believe that choosing our favorite foods from this wide array of healthy options can help us stick to a healthy diet over time.

To help more Americans meet dietary guidelines, experts recommend a variety of tools available online designed to help people improve their diet and lifestyle. [Daily Food Plans](#) is a tool that helps create a meal plan based on personal preferences and weight loss goals

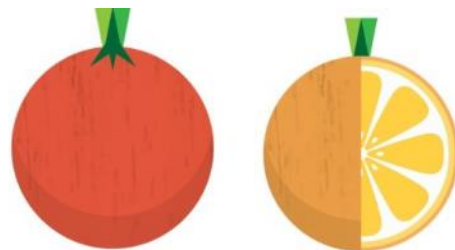
Contact your eye doctor. Review the possibilities of vision therapy. SPOT REHAB and HOME CARE offers Low Vision Therapy services. Contact us to learn more. WWW.SPOT-REHAB.COM or 320-259-4151.





fare for all

a program of the food group



**Looking for a way to stretch your grocery dollars?
Shop Fare for All in St. Joseph!**

2020 Dates

WHAT'S FOR SALE? *

- Mega Meat pack (\$25): variety of 7-9 meat items
- Mini Meat pack (\$11): variety of 3-5 meat items (pork-free)
- Produce pack (\$10): 12- 15 lbs. of fresh vegetables & fruits
- Combo pack (\$20): Mini Meat AND Produce pack- save \$1.00

*Pack contents vary each month

HOW DOES IT WORK?

Simply stop in and shop in St. Joseph or any of our 35+ locations once a month. There are no income or residential restrictions. No pre-registration is needed, and the sale is always open to everyone!

**January 20, February 10,
March 16, April 20, May 11,
June 15, July 20, August 17,
September 21, October 19,
November 16, December 14**

WHY SHOP AT FARE FOR ALL?

Fare for All is a non-profit community-supported food purchase program that is open to everyone! Save up to 40% on fresh produce and frozen meats. The more people who participate, the more savings are passed onto customers.

**Cash, Credit, Debit and EBT cards accepted. No
Checks.**



**St. Joseph:
Resurrection Lutheran Church
610 County Rd 2
St. Joseph, MN 56374
Monday 3:30-5:30 pm**



WWW.FAREFORALL.ORG

763-450-3880

Mill Stream Shops Go Solar

A new array of electrical meters on the back side of Mill Stream Shops & Lofts in downtown St. Joseph tells the story of the development on the roof: solar panels generating power for a portion of the building. Owners Gustavo Pena and Jon Petters saw the expanse of unshaded rooftop as an opportunity to make a positive impact toward the environment, investing in 1,638 feet of solar panels installed by All Energy Solar in December.

“The panels will generate enough power for the exterior lighting, shared stairways, and part of the retail area, with extra power generated during the summer months being sold to Xcel at retail rate,” explained Petters. While the panels aren’t directly wired to the lighting system of the building, the equivalent of the energy generated is measured and credited toward those costs.



That metered credit along with current federal tax credits contribute to the feasibility of homeowners and businesses investing in their own solar systems, decreasing our use of non-renewable energy sources.

While there will be times when snow covers the panels limiting power generation, All Energy Solar’s Ryan Posser anticipates that will only be about 20 days a year. The sun eventually warms the panels enough for the snow to slide off, and the wind can clear a light snow from them as well, thanks to the slick coating on the panes.

New panel technology has resulted in very dark colored panes for greater sun absorption, avoiding glare or reflection that original, older solar panels were accused of creating.

We have low, intense winter sunlight at this latitude, with days of bitter cold, “Which makes it excellent for creating solar energy!” exclaimed Petters. “Solar panels actually function more efficiently in cold weather, making our northern climate better than many regions of Texas or Florida.”

The University of MN has plotted out our state with an [interactive map](#) for business and homeowners to determine if their location is suitable for solar. Pena and Petters plan to install a solar array on the roof of their newest building, 24 North, in 2020. Those panels will provide much of the power needed for the bakery, Flour & Flower, currently under construction, as well as exterior, stairway and garage lighting.



Business Directory

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Turn to
St. Joseph
Chamber
of
Commerce
Businesses
First!

<u>Advantage Chiropractic</u>	32 32nd Ave. S, SC	320-251-1080	Mark D. Roerick D.C.	drmark@advantagechiro.net
<u>American Door Works</u>	2150 Frontage Road, WP	320-257-9108	Gary Bechtold	GaryB@americadoorworks.com
<u>Anfinson Thompson, P.A.</u>	710 County Rd 75E, #102	320-363-4589	John Walsh	JWalsh@anfinsonthompson.com
<u>St Joseph Veterinary Clinic</u>	111 South Red River, CS	320-363-7756		
<u>Arlington Place Assisted Living</u>	21 16th Avenue SE	320-363-1313	Karen Hennessey	karen@arlingtonplacemn.com
<u>Auto Body 2000, Inc</u>	611 19th Avenue NE	320-363-1116	Craig Zahara	zaharacraig@gmail.com
<u>BankVista</u>	125 Twin Rivers Court	320-257-1600	Karen Baas	joe.prodinsky@bankvista.com
<u>Bello Cucina</u>	PO Box 300	320-363-4534	Jason Mueller	bellocucinastjoe@gmail.com
<u>Borgert Products Inc</u>	8646 Ridgewood Road	320-363-4671	Ramona Jonas	ramonaj@borgertproducts.com
<u>Brenny Transportation Inc.</u>	8505 Ridgewood Road	320-363-6999	Joyce Brenny	joyce@brennytransportation.com
<u>Central Minnesota Ceilings Inc</u>	31294 115 Ave. PO Box 328	320-363-7303	Dave Mehr	dave@cmceilings.com
<u>Central Minnesota Credit Union</u>	1300 Elm Street East	320-271-0274	Leslie Lane	adamo@mycmcu.org
<u>Christine R Panek CPA</u>	PO Box 347	320-260-6491	Chris Panek	chris@panekcpa.com
<u>Church of St Joseph</u>	12 Minnesota Street West	320-363-7505	Amber Walling	sscholz@churchstjoseph.org
<u>City of St Joseph</u>	75 Callaway Street East	320-363-7201	Kris Ambuehl	kambuehl@cityofstjoseph.com
<u>Coborns</u>	1500 Elm Street East	320-363-0011	Clair Rodgers	stordir.2039@cobornsinc.com
<u>College of Saint Benedict</u>	37 College Avenue South	320-251-1817	Kim Poganski	kpoganski@csbsju.edu
<u>Collegeville Communities</u>	15 Minnesota St E #104	320-363-7656	Colleen Hollinger- Petters	colleen@collegeville.biz
<u>Computer Repair Unlimited</u>	24 Birch Street West	320-492-2814	Blake Thoennes	Blake@computerrepairunlimited.com
<u>Daniel Funeral Home</u>	1010 N 2nd Street	320-363-7783	Paul Daniel	paul@danielfuneralhome.com
<u>DeZurik Black Signs</u>	39852 125th Ave	320-293-4118	Sherri DeZurik	justsayittoday@gmail.com
<u>Dijital Majik Computers</u>	553 25th Avenue North	320-230-7525	Don Blonigen	don@dmconline.com
<u>Laser Dentistry LTD</u>	26 Second Avenue NW	320-363-4468	Dr. Michael Contardo, DDS	michael@laserdentistrymn.com
<u>Edina Realty</u>	110 Division Street	320-266-8727	Tara Bayerl	tarabayerl@edinarealty.com
<u>Edward Jones - Beau Hanowski</u>	24 Birch Street West	320-363-0294	Beau Hanowski	beau.hanowski@edwardjones.com
<u>Ehlinger Lawn Service</u>	305 10th Avenue North	320-980-5697	Katy	katy@ehlingerlawn.com
<u>Exponential Chiropractic</u>	103 College Avenue N	320-363-4573	Brian Koltes	exponentialchiropractic@gmail.com
<u>Farmers Insurance</u>	111 College Ave. N, #12	218-343-4702	Laurie Oppel	loppel@farmersagent.com
<u>Filsan Talent Partners</u>	400 1st St. S. #600, SC	612- 987-7323	Hudda Abraham	hudda@filsantalentpartners.com
<u>Finken Water Solutions</u>	PO Box 7190	320-258-2005	Tom Finken	tfinken@finkens.com
<u>Floor-to-Ceiling Store</u>	8075 Sterling Drive	320-271-1632	Paul Heun	paul@waiteparkftc.com
<u>Floral Arts</u>	307 1st Ave NE	320-363-7705	Elaine Kacures-Wruck	office@floralartsonline.com
<u>Forest Mushrooms Inc.</u>	14715 County Road 51	320-363-7956	Kevin Doyle	mail@forestmushrooms.com
<u>Gabriel Media</u>	1926 W Division St., SC	320-251-1780	Deb Huschle	deb@gabrielmedia.info
<u>Gary's Pizza</u>	17 College Avenue N	320-363-7261	Roger Steichen	roger@garyspizza.com
<u>Granite Community Bank</u>	PO Box 416, Cold Spring	320-685-8611	Jim Eiynek	jime@granitecommunitybank.com
<u>Granite Services, LLC</u>	30736 Pearl Drive	320-249-1172	Jeffrey Burg	jburg@graniteservicesllc.com
<u>Grey Face Rescue</u>	PO Box 7072, SC	952-261-7178	Bethie Gondeck	bethieg@greyfacerescue.org
<u>Heartland Door Sales</u>	30489 Pearl Drive	320-363-4657	John Notch	heartlanddoorsales@gmail.com
<u>Hometown Title</u>	710 County Rd. 75 E, #101	320-260-1492	Tim Nelson	timnelson@email.com
<u>Joe Pfannenstien Signs</u>	1015 14th Avenue South	320-255-1049	Joe Pfannenstien	joesign88@gmail.com
<u>Jan's Barbershop</u>	21 1st Ave NW	320-428-3050	Jan Glandon	iowalibber@hotmail.com
<u>Jovanovich, Kadlec & Athmann</u>	1010 St. Germain St W	320-230-0203	Thomas Jovanovich	Thomas.Jovanovich@jkalawfirm.com
<u>Kay's Kitchen</u>	303 College Ave. North	320-557-0030	Tanya Finken	tanyafinken@gmail.com
<u>Knight Builders</u>	701 Elm Street East	320-363-0783	Kevin Dierkhising & Carol	knightkbi@aol.com

<u>Kwik Trip, Inc</u>	408 Great Oak Dr	320-253-5732	Justin Pope	jpope@kwiktrip.com
<u>LaPlayette</u>	19 College Avenue North	320-363-7747	Ann Reiser	sjrproductions@gmail.com
<u>Little Saints Academy</u>	124 First Avenue SE	320-557-0123	Amy Bonfig	littlesaintsacademy@gmail.com
<u>Local Blend</u>	19 Minnesota Street W	320-363-1011	Stacie Engholm	thirdstonecoffee@gmail.com
<u>Mary Kay Beauty Consultant</u>		320-247-0210	Pat Schreiber	pjsmk2@gmail.com
<u>McDonald's-Jova Mgmt LLC</u>	1180 Elm Street East	320-260-0071	Joseph & Valerie Silva	valerie.silva@partners.mcd.com
<u>Micheliich Granite</u>	7808 CR 75, PO Box 667	320-363-7779	Jane Kalthoff	janek@micheliichmemorials.com
<u>Midcontinent Communications</u>	3901 Louise Avenue N	605-357-5783	Tammy Haase	tammyhaase@mmi.net
<u>MN Assoc. of Farm Mutual Ins.</u>	601 Elm Street East	320-271-0909	Dani Hennen	dani@mafmic.org
<u>MN Home Improvement</u>	8850 Ridgewood Court	320-363-4435	Tom Borresch	mnhomeimprovements@gmail.com
<u>MN Street Market</u>	27 W Minnesota Street	320-363-7733	Pia Lopez	generalmanager@mnstreetmarket.com
<u>Newsleaders</u>	32 First Avenue NW	320-363-7741	Janelle Von Pinnon	janellev@thenewsleaders.com
<u>Omann Insurance Agency, LLC</u>	305 Cedar Street East	320-363-7233	Peter Omann	pro@omannins.com
<u>Pam's Auto Inc</u>	7505 Ridgewood Road	320-363-9220	Mike Meyer	mike@pamsauto.com
<u>Premier Real Estate Services</u>	550 25th Avenue N	320-260-0972	Kerry Peterson	kerry@premierhomesearch.com
<u>Quill & Disc Inc</u>	30844 First Avenue NE	320-363-7296	Julie Watkins	watline@gmail.com
<u>Resurrection Lutheran Church</u>	610 North CR2	320-363-4232	Tracey Birr	rlc@rlcstjoe.com
<u>Retro Green Energy</u>	315 Franklin Avenue NE	320-252-8888	Lisa Taylor	lisa@retrogreenenergy.com
<u>Rockhouse Productions LLC</u>	PO Box 757	320-363-1000	Jeff Vee	jeffvee@rockhousepro.com
<u>Rock On Trucks, Inc.</u>	3100 7th St. S, Waite Park	320-230-2998	Krystal Vierkant	krystal@rockontrucks.com
<u>Russell Eyecare & Associates</u>	15 Minnesota St E #107	320-433-4326	Chris Russell-Villnow	info@russelleyecare.com
<u>Rolling Ridge Event Center</u>	31101 County Road 133	320-257-7755	Randy Schmitz	info@rollingridgeevents.com
<u>Scherer & Sons Trucking</u>	1007 1/2 Minnesota St E	320-363-8646	Bill Scherer	bscherer@scherertrucking.com
<u>Sentry Bank</u>	400 Fourth Avenue NE	320-363-7721	Brad Eckhoff	Brad.Eckhoff@mysentrybank.com
<u>Serenity Place on 7th</u>	329 Seventh Avenue SE	320-406-7650	Matt Imdieke	matt.imdieke@serenityon7.com
<u>Sharing (Shaklee)</u>	5011 Hidden Acres Circle	320-654-1175	Dave & Heidi Carlstedt	sharing@cloudnet.com
<u>Short Elliott Hendrickson Inc</u>	1200 25th Ave S	320-229-4300	Randy Sabart	rsabart@sehinc.com
<u>Short Stop Custom Catering</u>	3701 Third Street North	320-251-0716	Byron Bjorklund	byron@shortstopcustomcatering.com
<u>Sisters of Order of St. Benedict</u>	104 Chapel Lane	320-363-7142	Sister Karen Rose	krose@csbsju.edu
<u>Snap Fitness</u>	708 Elm Street	320-363-7757	Deb Seifert	stjoseph@snapfitness.com
<u>SPOT Rehab & Home Health</u>	2835 W St. Germain Street	320-259-4151	Tamara Huesers	tezers@pamsauto.com
<u>St Joe Mini-Storage</u>	24 Birch Street West	320-363-4953	Mike Deutz	mdeutz@live.com
<u>St John's Prep</u>	2280 Water Tower Road	320-363-3320	Laura Hartog	lhartog001@sjprep.net
<u>St Joseph Meat Market Inc</u>	26 First Avenue NW	320-363-4913	Harvey Pfannenstien	stjoemeat@stjoemeat.com
<u>St Joseph Mutual Insurance</u>	13 Minnesota Street W	320-363-4144	Jenny Einyck	jenny@stjoemutual.com
<u>Stearns County Abstract</u>	21 Courthouse Square	320-251-5920	Chris Steffes	chriss@stearnscountyabstract.com
<u>Stearns Electric Association</u>	29643 Frontage Road	320-363-4630	Michelle Christiansen	mchristiansen@stearnselectric.org
<u>Strata Performance</u>	PO Box 803	320-557-0701	Bob Ringstrom	rjr@strata-ps.com
<u>The Estates Bed & Breakfast</u>	29 E Minnesota Street	320-557-0300	Julie Ehlert	info@estatesbedandbreakfast.com
<u>The Sanctuary at St. Cloud</u>	2410 20th Avenue SE	320-252-6325	Jean Reum	marketing@thesanctuary-stcloud.com
<u>Thomsen's Greenhouse</u>	29754 156th Avenue	320-363-7375	Arno Shermock	arno@tgreenhouses.com
<u>Tiremaxx/Mid-State Wholesale</u>	11415 County Road 75	320-363-7246	Bethany Strom	bo@tiremaxx.com
<u>Tri-County Abstract & Title</u>	122 Twelfth Ave N	800-892-2399	Melanie Walz	melaniew@tricityabstract.com
<u>Voigt-Johnson Realty</u>	1101 2nd St. S, Sartell	320-774-2400	Tara Schommer	taraschommer@voigtjohnson.com
<u>W Gohman Construction Co.</u>	815 County Road 75 E	612-859-0382	Tim Elness	telnness@wgohman.com
<u>WACOSA</u>	PO Box 757, Waite Park	320-251-008	Roxanne Ryan	rryan@wacosa.org
<u>Woodcrest of Country Manor</u>	1200 Lanigan Way SW	320-271-1200	Gail Rucks	grucks@countrymanor.org