

ST. JOSEPH CHAMBER OF COMMERCE: THE VOICE OF BUSINESS IN THE ST. JOSEPH AREA!

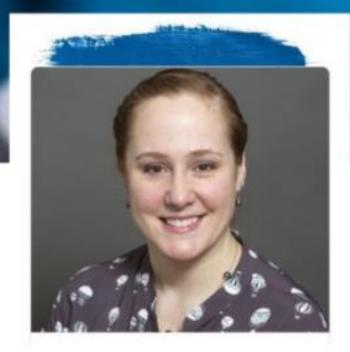
# **Chamber News**

FEBRUARY 2021

# **NOTE DATE...This Wednesday**

# **COVID Vaccine Questions Answered!**

NEW DATE: Wednesday, February 3 Noon via <u>Zoom</u> Combined Chambers of Commerce Cold Spring & St. Joseph Area





## Dr. Katrina Wherry



Join Zoom Meeting https://us02web.zoom.us/l/85078653138 Meeting ID: 850 7865 3138 One tap mobile +13126266799

### **Benefits of the St. Joseph Area Chamber**

- Be a part of a community of professionals a small Chamber, so we build close relationships
- Share information about your organization with a responsive audience of area business leaders
- Enjoy our monthly Chamber Luncheon to stay current on local information affecting your business
- Support and be supported by other local business owners and gain new referral sources and resources for your business
- Learn valuable information from our monthly presenters to use within your organization
- Participate in Community Events and charitable community projects
- Showcase your company at our annual St. Joseph Community Showcase
- Have your business listed on our website's Business Directory
- Cost-effective advertising options and free email listing in the Chamber News
- Company recognition through social media
- Chamber Membership is for every employee of your company!

# **Check this out!**

# St. Joseph

AREA CHAMBER of COMMERCE

#### It's Easy! Really!

#### **BE A MEETING HOST!**

We are looking for member businesses to host a monthly Chamber meeting. This is a wonderful opportunity to showcase your business and tell others why they should do business with you. Any member is welcome to host a meeting. As host you will have an opportunity to greet our members and time at the beginning of the meeting to highlight your company. You will also have the opportunity to display any brochures, business cards, or giveaways. If you would like to be a Chamber lunch host please contact Jude for available months.

#### stjosephchamber@gmail.com

320-433-1043

President: Adam Otteson, <u>Central MN Credit Union</u>

Vice President: Joe Prodinsky, Bank Vista

Treasurer: Brad Eckhoff, <u>Sentry Bank</u>

Member at Large: Sarah Wischnefski, <u>Brenny Transportation, Inc.</u>

Past President: Kerry Peterson, <u>Premier Real Estate Services</u>

#### **CONNECT WITH US:**

stjosephchamber@gmail.com 320-433-1043

St Joseph Area Chamber of Commerce

#### @StJosephChamber

#### StJosephChamber.com

Visit our website for a great list of local chamber member businesses! **BUSINESS AFTER HOURS EVENT** 

Are you looking for a brand new way to promote our business?

Business After Hours is not only a great networking opportunity, it is a perfect way to bring business to your door! When you host one of the quarterly events you have a unique opportunity to introduce your organization to business professionals who may not be familiar with who you are and what you do.

If you would like to host a Business After Hours, contact Jude by email at

stjosephchamber@gmail.com

Create a relaxing, informative evening to network! Traditionally held from about 4:30-6:30, Business After Hours is one of St. Joseph Chamber's sought after events.

# Community 729

# Prepare. Engage. Educate. Empower. Inspi

Winter Enrichment Classes Now Available



Adult Enrichment

# 10 Benefits of Advertising in Chamber News

CHAMBER NEWS ELECTRONIC AVERTISING **OPPORTUNITIES** 

You can submit a camera-ready, fullpage, half-page or quarter-page advertisement in Chamber News.

Sizes:

Full-page 8"x10"

1/2-page is 8"x5"

1/4-page 3.75"x5"

All advertisements have an active link to your website... bringing them to your doorstep! Or, you can link directly to your email address.

newsletters in their email box every ing in the St. Joseph Area Chamber of day. The Chamber News is the right e- Commerce newsletter adds to the estabnewsletter for placing your ads. You lished credibility of your business. are speaking directly to your best po- Readers trust information from our tential customers. emailed newsletters is one of the most to worry about viruses or spam because effective and least expensive forms of the links are coming from a trusted advertising.

# 1: Precise Targeting. Your message won't get lost in the mass chatter. The people of St. Joseph are your target market, you have a much greater prospect of generating business leads with The Chamber News specifically marketing to your audience. The more specifically you can define your target market, the better your chances of success.

free and an effective way to reach your niche market. You'll build a list by using ours - a direct connection to businesses in St. Joseph. The return on investment (ROI) for e-mail marketing continues to far surpass other channels.

**#3: Top of mind visibility.** Each month you can remind readers of your business-generate continuous income, give your business a successful image, keep you competitive and invest in your success. Your ad is among only a few, so you'll receive maximum visibility.

#4: Linkability. Your advertising in The Chamber News will be linked directly to your home page or direct customers to your social media page.

Your target audience is welcoming #5: Credibility. In addition, advertis-Advertising in newsletter and individuals don't have source.

> #6: Anytime, anywhere. The Chamber News reaches your target audience on a laptop, on their phones, at their desks in the office or at home.

> #7: Lead generation. Quality lead results from The Chamber News are trackable. You will know if your investment in the Chamber's newsletter is worthwhile by watching the metrics on your website.

**#8: Pass-Along Exposure.** Not only #2: Inexpensive. E-newsletter ads are can The Chamber News be forwarded from every recipient to others beyond our mailing list, an electronic newsletter has more longevity because it now exists in cyber space.

> **#9: No SPAM worries.** The Chamber News gets your message past SPAM filters. Your email sent to a SPAM folder is a problem. With the Chamber News, you are in an e-mail message recipients welcome. 22% of people trust an emailed newsletter message from known organizations, according to Forester.

#### **#10** Positive SEO for your website.

Newsletters are ranked highly by search engines. The search engine ranking of your webpages will improve as a result of links to and from the Chamber's newsletter.

# VISIT US FOR PPP EXPERTISE!

**SBA** 

A second round of PPP loans are available for small businesses, farmers, sole proprietors and non-profits. GCB will be your best and quickest connection for funding! For details and online application visit our website granitecommunitybank.com.

QUARTERS



Speech Physical Occupational Therapy

# Glaucoma

Glaucoma is a group of eye conditions that damage the optic nerve, the health of which if vital for good vision. The damage is often caused by an abnormally high pressure in your eye. Glaucoma is one of the second leading causes of blindness for people over 60.

Currently, regular eye exams are the best prevention against significant damage from glaucoma. Those who are at higher risk include people with diabetes, people with a family history of glaucoma and people of African descent. Vision loss is silent, slow, and progressive but damage can be prevented if the disease is recognized in the early stages.

Regular, moderate exercise is recom

mended for general health and wellness and is thought to help with reducing intraocular pressure that causes

glaucoma. Wearing protective eyewear is important when engaging in sports activities or home improvement project.

Occupational therapists at SPOT Rehabilitation and Home Care have advanced training in providing strategies for low vision challenges. Clients learn how to use alternative techniques and tools to navigate day-to-day tasks including cooking, cleaning, shopping, home maintenance, organization, personal finance and more. If indicated, the occupational therapist will do a home visit to assess safety and accessibility and potential home adaptations. **To learn more see us at www.spot-rehab.com**.



١





Graphic Design Services Business Cards Direct Mailers and more...



Digital Marketing Set Up Fee Review Management Google My Business

Responsive Website Projects New Designs Development

Redesigns

#### Cohlab Digital Marketing

We are excited to offer a 10% discount on all Website Projects, Design Services, and any Digital Marketing set up fees (including Reputation/Review Management and Google My Business) to Chamber members.

Get In Touch Today:

www.Cohlab.com

Kelsey@Cohlab.com



From the Blog IS STRESS SNEAKING IN THROUGH YOUR FOOD?

found all around us, even in our food.

That's why when you're feeling stressed, it's important to skip the comfort food and head for Reducing stress can not only help you maintain a something nutritious.

anything from work-related pressures to difficult diseases. relationships. While stress comes and goes, it is a completely natural feeling. However, it can be- Combatting Stress Beyond Your Diet come unnatural and harmful to your health when you're dealing with it constantly as it contributes Exercise is one of the best ways to combat stress to various diseases and can lead to craving comfort foods-something that can make the cycle of feel-good neurotransmitters, also called endorit even worse!

#### **The Cortisol Connection**

Also known as "the stress hormone," cortisol can to feel better, both mentally and physically. increase when you're feeling tense or stressed. As a result, you may be inclined to eat more comfort Another thing you can try when you're feeling foods such as ice cream, pasta or other sugary or stressed? Regular chiropractic adjustments, which high-fat foods. Why? Because intensified levels of are designed to reduce stress by decreasing intercortisol contribute to higher insulin levels.

When this happens, your blood sugar dips, creating carb cravings. In addition to banning bad

We've all got enough on our plates—too much carbs, try to eat a diet filled with nutrient-dense stress shouldn't be one of them! And when we say foods such as leafy, green vegetables. And while a plate, we mean that literally. Stressors can be glass of wine may seem like a harmless way to relax and subtract stress, alcohol can also increase cortisol levels.

healthy weight, but it also can allow you to enjoy better overall health and a reduced chance of ex-This state of emotional tension can be rooted in periencing common ailments and inflammatory

in our daily lives. As exercise boosts the body's phins, stress can lessen and your mood can improve dramatically. The best part? You don't have to be a marathon runner to reap the rewards of exercise. Brisk walking is a terrific, low-impact way

ference in the nervous system and releasing muscle tension. If you'd like to give it a try, contact us today to schedule an appointment.

# State Farm Insurance—Dina Pierskalla Agency

State Farm has helped clients realize their dreams for more than 98 years.

Our agency is celebrating 4 years in our newly remodeled location in Melrose. I opened my agency 16 years ago with a dedicated team that is committed to understanding what's important to you and your family.

Choosing State Farm-Dina Pierskalla Agency gives you access to flexible payment plans, 24/7/365 support and one of the largest claims organizations in America.

We work together to look out for you, help protect your interests and help you reach your goals-all you'd expect from a good neighbor. We're here to help life go right.

Dina Pierskalla, Agent



307 E. Main St. Melrose, MN 56352 320.256.4617 320.256.7119

www.dinapierskalla.com

Google

We Vreferrals! Receive a \$25 gift card for referrals.



.

2

-



#### Upcoming Events at Saint Benedict's Monastery February 2021

Among the Ashes: An Ash Wednesday Morning of Reflection Jessie Bazan will set the theme for the Ash Wednesday reflection, leading participants into offscreen reflection time. The retreat ends with a final time of sharing and prayer. Date: Ash Wednesday, February 17, 9–11:30 a.m. Facilitator: Jessie Bazan Fee: \$40 Reg-istration Link: https://sbm.osb.org/event/among-the-ashes-an-ash-wednesday-morning-offection/

#### Sacred Pause Lenten Prayer

Gather to share common prayer of lectio divina (prayerful reading) using the Gospels of the Sundays of Lent. This program includes an optional 30-minute meeting with a sister companion via Zoom each week during Lent. Dates: Thursdays, February 18, 25, March 4, 11, 18, 25 Time: 11:30 a.m. to 12:45 p.m. Facilitators: Mary Catherine Holicky, OSB, and Eunice Antony, OSB Limit: 8 participants. Fee: \$50 for all six sessions Registration Link: https://sbm.osb.org/event/sacred-pause-lenten-prayer/

Prayer in Troubled Times: Lent-Again, or Still With Us?

How might we understand the pandemic in light of the meaning of Lent and Easter? How might Lent and Easter take on new meaning this year as a result of the pandemic? You are invited to join us for this 20-minute online worship service that will include spoken and sung prayers, scripture, poetry, and intercessions. There is no fee and no limit on number of participants. Ever since mid-Lent of 2020, people around the world have been unintentionally united in a Lenten experience precipitated by the coronavirus. We have abstained from coming together for worship services, movies, sports events, concerts, and family gatherings—even weddings and funerals. If Lent is a time of self-denial, what more could we possibly give up? This year, God may be inviting us to a different kind of Lent: to go deeper rather than wider. Our call may be to accept a reality we did not choose, to do so not in a spirit of grim determination or self-pity, but in a spirit of trust and exploration, asking the Big Questions. This worship service will be posted on our YouTube channel on Sunday, February 21, at 7 p.m. Facilitator: Delores Dufner, OSB Learn More: https://sbm.osb.org/event/prayer-in-troubled -times-lent-again-or-still-with-us/

#### Brothers and Sisters All: Pope Francis' Vision for the World

In this online discussion group of Pope Francis' encyclical, Fratelli Tutti, we'll explore together his suggestions for creating a culture of peace and justice through dialogue. Participants are required to read a copy of the encyclical online or buy a printed copy. Dates: Thursdays, February 25, March 4, 11 Time: 3–4:30 p.m. Facilitators: Christian Morris, OSB, Katherine Howard, OSB, and Mara Faulkner, OSB Limit: 10 participants Fee: \$15 Registration Link: https://sbm.osb.org/event/brothers-and-sisters-all-pope-francis-vision-fortheworld/

All offerings through the Spirituality Center•Studium will be held virtually as we navigate the COVID-19 pandemic. In order to participate in these virtual offerings, participants will need access to a device such as a computer with a webcam, iPad, or other tablet. You can register online or call (320) 363-7112.

#### Share Your News

This newsletter is your **FREE** opportunity to share information about exciting things happening in your organization with the rest of the St. Joseph Chamber!

#### Send us newsworthy updates about your:

- Celebrations
- Recognitions, Awards and Accomplishments
- Advancements
- New Employees
- Job Listings
- New Projects and New Locations
- Construction and Renovations
- Or anything journalism-related you'd like to share!

Newsworthy submissions to inform and enlighten will be accepted for our newsletter.

**Deadline:** 20<sup>th</sup> of every month!

Email your business name and a paragraph of <u>300</u> words or less, exactly as you'd like it published, to: <u>Jude DuHoux</u> at: stjosephchamber@gmail.com with the subject line "<u>NEWSLETTER</u>".

## FREE Advertising Opportunity

#### Send us advertising to promote your business:

- Sales
- Exclusive Offers
- Coupons
- Promotions
- Special Events
- Grand Openings
- New Products

Your Chamber Board of Directors has made the decision to offer free advertising in this newsletter. You must submit a camera-ready 8.5x11 or 8.5x5.5 jpg or pdf by the 20th of the month to advertise. You must submit each month and you must include an offer or benefit to our members within your advertising.

#### **DON'T MISS THIS!**

**Deadline:** 20<sup>th</sup> of every month!

Plan ahead for your Advertising!

# 10 Bonuses of Advertising in Chamber News

Your target audience is welcoming newsletters in their email box every day. The Chamber News is the right e-newsletter for placing your ads. You are speaking directly to your best potential customers. Advertising in emailed newsletters is one of the most effective and least expensive forms of advertising.

- **#1:** Precise Targeting
- #2: FREE

**#3:** Monthly top-of-mind visibility

#4: Links to your home page

**#5: Credibility** 

- **#6:** Anytime, anywhere the newsletter reaches your audience.
- **#7: Lead generation**
- **#8:** Pass-Along Exposure
- **#9: No SPAM worries**
- **#10** Positive SEO for your website



This is a message from St. Joseph Conventions and Visitors Bureau... Hello fellow business owners of Joetown! It has been a minute since we have reached out but we have been trying to get some ducks in a row.

Some changes have been made to the Joetown website and we think it is pretty awesome: <u>https://www.joetownmn.com/</u>

Additions or things we missed? Please email: <u>mary@mcbrunopress.com</u> There is a calendar and if you know of things over the next 6 months please submit them! Try to submit them at least 30 days prior to the event.

#### Here is an event I added to show an example: To submit an event or events you need:

- 1. a (square) feature photo
- 2. the who, what, where, when and how details.
- 3. add links to tickets

If you have any trouble just let us know and we will assist.

If you are planning an event, please get the info in an email to the CVB as well and let us know how you want us to assist in promoting your events!

This month and continuing forward we will be heading out and about in town to gather content for Visit Joetown. It will be made up of awesome people, places, and things that will attract visitors! Here's hoping that 2021 is going to open up and we can get back to planning events! We are compiling a list of features that will run for the rest of the year. Be patient, we will eventually get to everyone. Don't hesitate to reach out with suggestions or requests for things to highlight.

# **REMINDER:** The posts will be curated content but we are ALWAYS looking for content to share in the daily "stories" so please continue to "@" tag Joetown in your stories and they will be reposted.

We are promoting the #visitjoetown hashtag! ANY great pics that are on that thread are open to be selected for posts! We want to get the community engaged in sharing their adventures in town so if we all use that hashtag overtime it will be an awesome place to go for great images!

The CVB is continuing to learn and grow and adapt but our mission is always about getting people to come to town to eat, drink, shop, bike, live, start a business... on and on. We have great things planned for the upcoming year and really want to have everyone on the same page.

Thanks so much for being part of the coolest Minnesota small town!

## **Business Directory**

ΡA	GE I 2	1				
		Advantage Chiropractic	32 32nd Ave. S, SC	320-251-1080	Mark D. Roerick D.C.	drmark@advantagechiro.net
		American Door Works	2150 Frontage Road, WP	320-257-9108	Gary Bechtold	GaryB@americandoorworks.com
		Anfinson Thompson & Co., P.A.	710 County Rd 75E, #102	320-441-2989	John Walsh	jwalsh@anfinsonthompson.com
		St Joseph Veterinary Clinic	111 South Red River,CS	320-363-7756		
		Arlington Place Assisted Living	21 16th Avenue SE	320-363-1313	Karen Hennessey	karen@arlingtonplacemn.com
		Auto Body 2000, Inc	611 19th Avenue NE	320-363-1116	Craig Zahara	zaharacraig@gmail.com
		BankVista	125 Twin Rivers Court	320-257-1600	Karen Baas	joe.prodinsky@bankvista.com
		Bello Cucina	PO Box 300	320-363-4534	Jason Mueller	bellocucinastjoe@gmail.com
		Borgert Products Inc	8646 Ridgewood Road	320-363-4671	Ramona Jonas	ramonaj@borgertproducts.com
		Brenny Transportation Inc.	8505 Ridgewood Road	320-363-6999	Joyce Brenny	joyce@brennytransportation.com
		Central Minnesota Ceilings Inc	31294 115 Ave. PO Box 328	320-363-7303	Dave Mehr	dave@cmceilings.com
		Central Minnesota Credit Union	1300 Elm Street East	888-330-8482	Adam Otteson	adamo@mycmcu.org
		Christine R Panek CPA	PO Box 347	320-260-6491	Chris Panek	chris@panekcpa.com
		Church of St Joseph	12 Minnesota Street West	320-363-7505	Amber Walling	sscholz@churchstjoseph.org
		City of St Joseph	75 Callaway Street East	320-363-7201	Kris Ambuehl	kambuehl@cityofstjoseph.com
		Coborns	1500 Elm Street East	320-363-0011	Clair Rodgers	stordir.2039@cobornsinc.com
		Cohlab	PO Box 309, Becker	320-290-3663	Kelsey Meyer	heather@cohlab.com
		College of Saint Benedict	37 College Avenue South	320-251-1817	Kim Poganski	kpoganski@csbsju.edu
		Collegeville Communities	15 Minnesota St E #104	320-363-7656	Colleen Hollinger- Petters	colleen@collegeville.biz
		Computer Repair Unlimited	24 Birch Street West	320-492-2814	Blake Thoennes	Blake@computerrepairunlimited.com
		Daniel Funeral Home	1010 N 2nd Street	320-363-7783	Paul Daniel	paul@danielfuneralhome.com
1	Turn to	DeZurik Black Signs	39852 125th Ave	320-293-4118	Sherri DeZurik	justsayittoday@gmail.com
S	St. Joseph	Dijital Majik Computers	553 25th Avenue North	320-230-7525	Don Blonigen	don@dmcconline.com
(	Chamber	Laser Dentistry LTD	26 Second Avenue NW	320-363-4468	Dr. Michael Contardo, DDS	michael@laserdentistrymn.com
c	of	Edina Realty	110 Division Street	320-266-8727	Tara Bayerl	tarabayerl@edinarealty.com
	Commerce	Edward Jones - Beau Hanowski	24 Birch Street West	320-363-0294	Beau Hanowski	beau.hanowski@edwardjones.com
	Businesses	Ehlinger Lawn Service	305 10th Avenue North	320-980-5697	Katy	katy@ehlingerlawn.com
	First!	Exponential Chiropractic	103 College Avenue N	320-363-4573	Brian Koltes	exponentialchiropractic@gmail.com
	riist:	Farmers Insurance	1511 E Minnesota Street, #5	218-343-4702	Laurie Oppel	loppel@farmersagent.com
		Filsan Talent Partners	400 1st St. S. #600, SC	612-987-7323	Hudda Abrahim	hudda@filsantalentpartners.com
		Finken Water Solutions	PO Box 7190	320-258-2005	Tom Finken	tfinken@finkens.com
		Floor-to-Ceiling Store	8075 Sterling Drive	320-271-1632	Paul Heun	paul@waiteparkftc.com
		Floral Arts	307 1st Ave NE	320-363-7705	Elaine Kacures-Wruck	office@floralartsonline.com
		Forest Mushrooms Inc.	14715 County Road 51	320-363-7956	Kevin Doyle	mail@forestmushrooms.com
		Gabriel Media	1926 W Division St., SC	320-251-1780	Deb Huschle	deb@gabrielmedia.info
		Gary's Pizza	17 College Avenue N	320-363-7261	Roger Steichen	roger@garyspizza.com
		Granite Community Bank	PO Box 416, Cold Spring	320-685-8611	Jim Eiynck	jime@granitecommunitybank.com
		Granite Services, LLC	30736 Pearl Drive	320-249-1172	Jeffrey Burg	jburg@graniteservicesllc.com
		Grey Face Rescue	PO Box 7072, SC	952-261-7178	Bethie Gondeck	bethieg@greyfacerescue.org
		Heartland Door Sales	30489 Pearl Drive	320-363-4657	John Notch	heartlanddoorsales@gmail.com
		Hometown Title	710 County Rd. 75 E, #101	320-260-1492	Tim Nelson	timnelson@email.com
		Joe Pfannenstein Signs	1015 14th Avenue South	320-255-1049	Joe Pfannenstein	joesign88@gmailcom
		Jan's Barbershop	21 1st Ave NW	320-428-3050	Jan Glandon	iowalibber@hotmail.com
		Jovanovich, Kadlec & Athmann	1010 St. Germain St W	320-230-0203	Thomas Jovanovich	Thomas.Jovanovich@jkalawfirm.com
		Kay's Kitchen	303 College Ave. North	320-557-0030	Tanya Finken	tanyafinken@gmail.com
		Knight Builders	701 Elm Street East	320-363-0783	Kevin Dierkhising & Carol	knightkbi@aol.com
						/

#### **Business Directory**

-					
1	Kwik Trip, Inc	408 Great Oak Dr	320-253-5732	Justin Pope	jpope@kwiktrip.com
	LaPlayette	19 College Avenue North	320-363-7747	Ann Reiser	sjrproductions@gmail.com
	Little Saints Academy	124 First Avenue SE	320-557-0123	Amy Bonfig	littlesaintsacademy@gmail.com
	Local Blend	19 Minnesota Street W	320-363-1011	Stacie Engholm	thirdstonecoffee@gmail.com
	Mary Kay Beauty Consultant		320-247-0210	Pat Schreiber	pjsmk2@gmail.com
	McDonald's-Jova Mgmt LLC	1180 Elm Street East	320-260-0071	Joseph & Valerie Silva	valerie.silva@partners.mcd.com
	Michelich Granite	7808 CR 75, S.C. 56301	320-363-7779	Jane Kalthoff	janek@michelichmemorials.com
	Midcontinent Communications	3901 Louise Avenue N	605-357-5783	Tammy Haase	tammyhaase@mmi.net
	MN Assoc. of Farm Mutual Ins.	601 Elm Street East	320-271-0909	Dani Hennen	dani@mafmic.org
	MN Home Improvement	8850 Ridgewood Court	320-363-4435	Tom Borresch	mnhomeimprovements@gmail.com
	MN Street Market	27 W Minnesota Street	320-363-7733	Pia Lopez	generalmanager@mnstreetmarket.com
	Money Matters	PO Box 167, St. Martin	320-333-8381	Mason Schirmer	mason.schirmer@gmail.com
	Newsleaders	32 First Avenue NW	320-363-7741	Janelle Von Pinnon	janellev@thenewsleaders.com
	Omann Insurance Agency, LLC	305 Cedar Street East	320-363-7233	Peter Omann	pro@omannins.com
	Pam's Auto Inc	7505 Ridgewood Road	320-363-9220	Mike Meyer	mike@pamsauto.com
	Premier Real Estate Services	550 25th Avenue N	320-260-0972	Kerry Peterson	kerry@premierhomesearch.com
	Quill & Disc Inc	30844 First Avenue NE	320-363-7296	Julie Watkins	watline@gmail.com
	Resurrection Lutheran Church	610 North CR2	320-363-4232	Tracey Birr	rlc@rlcstjoe.com
	Retro Green Energy	315 Franklin Avenue NE	320-252-8888	Lisa Taylor	lisa@retrogreenenergy.com
	Rockhouse Productions LLC	PO Box 757	320-363-1000	Jeff Vee	jeffvee@rockhousepro.com
	Russell Eyecare & Associates	15 Minnesota St E #107	320-433-4326	Chris Russell-Villnow	info@russelleyecare.com
	Rolling Ridge Event Center	31101 County Road 133	320-257-7755	Randy Schmitz	info@rollingridgeevents.com
	Scherer & Sons Trucking	1007 1/2 Minnesota St E	320-363-8646	Bill Scherer	bscherer@scherertrucking.com
	Sentry Bank	400 Fourth Avenue NE	320-363-7721	Brad Eckhoff	Brad.Eckhoff@mysentrybank.com
	Serenity Place on 7th	329 Seventh Avenue SE	320-406-7650	Matt Imdieke	matt.imdieke@serenityon7.com
	Sharing (Shaklee)	5011 Hidden Acres Circle	320-654-1175	Dave & Heidi Carlstedt	sharing@cloudnet.com
	Short Elliott Hendrickson Inc	1200 25th Ave S	320-229-4300	Randy Sabart	rsabart@sehinc.com
	Short Stop Custom Catering	3701 Third Street North	320-251-0716	Byron Bjorklund	byron@shortstopcustomcatering.com
	Sisters of Order of St. Benedict	104 Chapel Lane	320-363-7142	Sister Karen Rose	krose@csbsju.edu
	Snap Fitness	708 Elm Street	320-363-7757	Deb Seifert	stjoseph@snapfitness.com
	SPOT Rehab & Home Health	2835 W St. Germain Street	320-259-4151	Tamara Huesers	tezers@pamsauto.com
	St Joe Mini-Storage	24 Birch Street West	320-363-4953	Mike Deutz	mdeutz@live.com
	St John's Prep	2280 Water Tower Road	320-363-3320	Zoe Davis	lzdavis002@sjprep.net
	St Joseph Meat Market Inc	26 First Avenue NW	320-363-4913	Harvey Pfannenstein	stjoemeat@stjoemeat.com
	St Joseph Mutual Insurance	13 Minnesota Street W	320-363-4144	Jenny Eiynck	jenny@stjoemutual.com
	Stearns County Abstract	21 Courthouse Square	320-251-5920	Chris Steffes	chriss@stearnscountyabstract.com
	Stearns Electric Association	29643 Frontage Road	320-363-4630	Michelle Christiansen	mchristiansen@stearnselectric.org
	Strata Performance	PO Box 803	320-557-0701	Bob Ringstrom	rjr@strata-ps.com
	The Estates Bed & Breakfast	29 E Minnesota Street	320-557-0300	Julie Ehlert	info@estatesbedandbreakfast.com
	Thomsen's Greenhouse	29754 156th Avenue	320-363-7375	Arno Shermock	arno@tgreenhouses.com
	Tiremaxx/Mid-State Wholesale	11415 County Road 75	320-363-7246	Bethany Strom	bo@tiremaxx.com
	Tri-County Abstract & Title	122 Twelfth Ave N	800-892-2399	Melanie Walz	melaniew@tricountyabstract.com
	Voigt-Johnson Realty	1101 2nd St. S, Sartell	320-774-2400	Tara Schommer	taraschommer@voigtjohnson.com
	W Gohman Construction Co.	815 County Road 75 E	612-859-0382	Tim Elness	telness@wgohman.com
	WACOSA	PO Box 757, Waite Park	320-251-008	Roxanne Ryan	rryan@wacosa.org
	Woodcrest of Country Manor	1200 Lanigan Way SW	320-271-1200	Gail Rucks	grucks@countrymanor.org
-					

١

RAGE 13