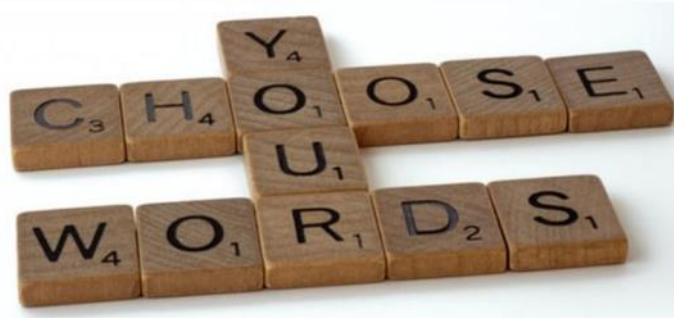


If you have not already registered - click here to register.



Please join us for our Chamber Meeting!

April 13, 2022

Chamber Lunch & Learn

**St. Joseph Government Center
75 Callaway East in St. Joseph, MN
12:00-1:00pm (11:30am social)**

Build Your Communication Skills

You've probably heard it before, but it's true...strong speaking and listening skills are critical if you want to succeed.

If you're looking to brush up on your verbal and written interactions with clients and colleagues, **DON'T MISS THIS MEETING.**

Communication is the way to create strong relationships...& Kay's is catering!

Note: Chamber luncheons are held the second Wednesday of each month from 11:30am (social) Noon-1:00 p.m. (meeting and lunch). Please bring a non-chamber member to come and hear the presenter, enjoy a delicious lunch and experience our enthusiastic welcoming group.

The St. Joseph Area Chamber of Commerce is a group of local businesses and individuals interested in the general welfare and prosperity of the St. Joseph, MN area. The main interests of the organization are to promote and support commercial, industrial, civic, economic and educational concerns of the area.



President:
Adam Otteson,
Central MN Credit Union

Vice President:
Joe Prodinsky,
Bank Vista

Treasurer:
Brad Eckhoff,
Sentry Bank

Member at Large:
Sarah Wischnefski,
Brenny Transportation, Inc.

Past President:
Kerry Peterson,
Premier Real Estate Services

CONNECT WITH US:
stjosephchamber@gmail.com
320-433-1043

**St Joseph Area Chamber of
Commerce**

@StJosephChamber

StJosephChamber.com

Visit our website for a great list
of local chamber member
businesses!



Mark Your Calendar for the Next Chamber

St. Joseph State of the City Mayor Rick Schultz

May Meeting

Wednesday, May 11, 2022 from Noon-1pm

Government Center

Please plan to RSVP!

*63% more
consumers are
likely to want to
purchase goods or
services from a
small business that
is a Chamber
member.*

Check this out!

BUSINESS AFTER HOURS EVENT

**Are you looking for a brand new way
to promote our business?**

Business After Hours is not only a great networking opportunity, it is a perfect way to bring business to your door! When you host one of the quarterly events you have a unique opportunity to introduce your organization to business professionals who may not be familiar with who you are and what you do.

If you would like to host a Business After Hours, contact Jude by email at

stjosephchamber@gmail.com

Create a relaxing, informative evening to network! Traditionally held from about 4:30-6:30, Business After Hours is one of St. Joseph Chamber's sought after events.



It's Easy! Really!

BE A MEETING HOST!

We are looking for member businesses to host a monthly Chamber meeting. This is a wonderful opportunity to showcase your business and tell others why they should do business with you. Any member is welcome to host a meeting. As host you will have an opportunity to greet our members and time at the beginning of the meeting to highlight your company. You will also have the opportunity to display any brochures, business cards, or giveaways. If you would like to be a Chamber lunch host please contact Jude for available months.

stjosephchamber@gmail.com

320-433-1043



Navigating

MN Business Resources

BIENNIAL CONFERENCE

LIMITED SPACE AVAILABLE!

JOIN US!
APRIL 28, 2022
8:30am-1:00pm
WEMN.ORG

Women Entrepreneurs of Minnesota invites you to attend their upcoming biennial conference: **Navigating Minnesota Business Resources**. The half-day event will have sessions exploring ways to fund your business, networking best practices, finding support and more. A limited number of in-person tickets are available as well as a virtual option. Early bird ticket sales end March 15. [Visit our website](#) for more information.

Thank you to our event sponsors: [IN Food Marketing](#) and [Nonprofit Ops Pro](#)



Lunch & Learn Certificate: FREE Lunch

Be Our Guest! Be Our Guest! Be Our Guest!

Attend your first Chamber **Lunch & Learn** and lunch is on us!

The St. Joseph Area Chamber of Commerce invites you to one of our informational meetings held the second Wednesday of every month at the St. Joseph Government Center (City Hall).

Don't Miss Out of a Great Opportunity to:

- *Network with other businesses.
- *Increase recognition.
- *Generate new contacts.
- *Inform others about your business.

Name: _____

Company: _____

Phone Number: (____) _____ Email: _____

April is National OT Therapists Month

What can an Occupational Therapist (OT) do for me?

Occupational Therapy addresses the skills needed to complete the tasks people do daily. Treatment may be focused on therapeutic exercises, activities of daily living (ADL) retraining, pain management, medical equipment needs, wheelchair positioning, community mobility, home safety and accessibility among other areas.

Our team of talented therapists has specialized training in many areas including:

- Sensory Integration
- Masgutova Neurosensorimotor Reflex Integration
- Rhythmic Movement Training (RMT)
- Therapeutic Listening
- Handwriting Without Tears
- Specialized Approaches to Feeding
- Visual Skills Training
- Zones of Regulation
- Advanced Training in Autism Spectrum Disorders
- Trauma
- Social Thinking
- Ideational Praxis

Occupational Therapy can help children with Autism, Cerebral Palsy, Spinal Cord Injury, Traumatic Brain Injury, sensory disorders, and other special needs. Therapists and therapy assistants can help kids learn or regain skills to be able to participate at school or work, play, drive, shop, eat or even prepare a meal.

Occupational Therapy can help children with:

- Activities that promote independence
- Adaptive equipment and techniques
- Assistive technology
- Hand therapy
- Executive functioning skills (planning, organizing, shifting attention, multi-tasking)
- Upper extremity and core strengthening
- Visual perceptual and visual motor skills
- Sensory Processing difficulties
- Sensory tolerance to sensory processing.
- Impulse Control, safety awareness, problem solving; to help with everyday skills such as; age appropriate chores, homework



- Feeding skills
- Feeding Skills
- Play skills
- Body Regulation
- Emotional Regulation
- Transitional skills in life
- Ideational Praxis Skills
- Fine motor & writing skills

Occupational Therapy can evaluate adults regarding:

- Executive functioning including attention, memory, planning, reasoning, organization and problem solving
- Gross motor and fine motor skills
- Handwriting and hand dexterity
- Pain management
- Sensory processing skills, including sensitivity training to touch, movement and noise
- Strength and coordination
- Visual perception and visual motor skills
- Wheelchair positioning and special equipment needs.

Our Occupational Therapists treat:

- Autism spectrum disorder
- Brain injury
- Cancer
- Cerebral palsy or other pediatric conditions
- Developmental delay
- Lymphedema
- Movement disorders such as Parkinson's disease
- Neurological disorders
- Orthopedic conditions, like recovery from total knee and hip surgeries, back and neck problems, and sprains and strains of the shoulder wrist and hand
- Sports-related injuries, back problems and other injuries
- Spina bifida
- Spinal cord injury
- Stroke
- Visual Concerns

To learn more visit, <https://spot-rehab.com/services/outpatient-clinic/occupational-therapy/>
SPOT Rehabilitation and Home Care
320-259-4151



APRIL 1-JUNE 30

Spring Fever

IT'S TIME TO TRADE-IN!

Trade-in an old frame & receive

40% OFF A NEW FRAME*

when you order your new complete pair of glasses!

*Cannot be combined with insurance or other discounts.
Previous frames will be donated to the Lion's Clubs.
See optician for more details.

Do you want to be our next featured member? Contact Jude for the easy-to-fill out questionnaire.



Member Minute

A brief beginning to better know a Chamber comrade you can read in a few short minutes.

St. Joseph
AREA CHAMBER of COMMERCE

10 Benefits of Advertising in Chamber News

Your target audience is welcoming newsletters in their email box every day. The Chamber News is the right e-newsletter for placing your ads. You are speaking directly to your best potential customers. Advertising in emailed newsletters is one of the most effective and least expensive forms of advertising.

#1: **Precise Targeting.**

Your message won't get lost in the mass chatter. The people of St. Joseph are your target market, you have a much greater prospect of generating business leads with The Chamber News specifically marketing to your audience. The more specifically you can define your target market, the better your chances of success.

#2: **Free.**

E-newsletter ads, especially when they are free, reach your niche market. You'll build a list by using ours – a direct connection to businesses. Email marketing continues to far surpass other channels. According to a report from the Direct Marketing Association, newsletter's ROI returned \$48.06 in revenue for every dollar spent.

#3: **Top of mind visibility.**

Each month you can remind readers of your business-generate continuous income, give your business a successful image, keep you competitive and invest in your success. Your ad is among only a few, so you'll receive maximum visibility.

#4: **Linkability.**

Your advertising in The Chamber News will be linked directly to your home page or direct customers to your social media page.

#5: Credibility. In addition, advertising in the St. Joseph Area Chamber of Commerce newsletter adds to the established credibility of your business.

Readers trust information from our newsletter and individuals don't have to worry about viruses or spam because the links are coming from a trusted source.

#6: **Anytime, anywhere.**

The Chamber News reaches your target audience on a laptop, on their phones, at their desks in the office or at home.

#7: **Lead generation.**

Quality lead results from The Chamber News are trackable. You will know if your investment in the Chamber's newsletter is worthwhile by watching the metrics on your website.

#8: **Pass-Along Exposure.**

Not only can The Chamber News be forwarded from every recipient to others beyond our mailing list, an electronic newsletter has more longevity because it now exists in cyber space.

#9: **No SPAM worries.**

The Chamber News gets your message past SPAM filters. Your email sent to a SPAM folder is a problem. With the Chamber News, you are in an e-mail message recipients welcome. 22% of people trust an emailed newsletter message from known organizations, according to Forester.

#10 **Positive SEO for your website.**

Newsletters are ranked highly by search engines. The search engine ranking of your webpages will improve as a result of links to and from the Chamber's newsletter.

"St. Joseph Area Chamber of Commerce gets results for you and your business!"

Business Directory

PAGE 7

<u>American Door Works</u>	2150 Frontage Road, WP	320-257-9108	Gary Bechtold	GaryB@americandoorworks.com
<u>Anfinson Thompson & Co., P.A.</u>	710 County Rd 75E, #102	320-441-2989	David Anfinson	David@anfinsonthompson.com
<u>Arlington Place Assisted Living</u>	21 16th Avenue SE	320-363-1313	Karen Hennessey	karen@arlingtonplacemn.com
<u>Auto Body 2000, Inc</u>	611 19th Avenue NE	320-363-1116	Craig Zahara	zaharacraig@gmail.com
<u>BankVista</u>	125 Twin Rivers Court	320-257-1600	Karen Baas	joe.prodinsky@bankvista.com
<u>Borgert Products Inc</u>	8646 Ridgewood Road	320-363-4671	Ramona Jonas	ramonaj@borgertproducts.com
<u>Brenny Transportation Inc.</u>	8505 Ridgewood Road	320-363-6999	Joyce Brenny	joyce@brennytransportation.com
<u>Magnifi Financial</u>	1300 Elm Street East	320-271-0274	Tracy Hoeshen	tracyh@mymagnifi.org
<u>Christine R Panek CPA</u>	PO Box 347	320-260-6491	Chris Panek	chris@panekcpa.com
<u>Church of St Joseph</u>	12 Minnesota Street West	320-363-7505	Amber Walling	sscholz@churchstjoseph.org
<u>City of St Joseph</u>	75 Callaway Street East	320-363-7201	Theresa Haffner	thaffner@cityofstjoseph.com
<u>Coborns</u>	1500 Elm Street East	320-363-0011	Clair Rodgers	stordir.2039@cobornsinc.com
<u>College of Saint Benedict</u>	37 College Avenue South	320-251-1817	Kim Poganski	kpoganski@csbsju.edu
<u>Collegeville Communities</u>	15 Minnesota St E #104	320-363-7656	Colleen Petters	colleen@collegeville.biz
<u>Daniel Funeral Home</u>	1010 N 2nd Street	320-363-7783	Paul Daniel	paul@danielfuneralhome.com
<u>Laser Dentistry LTD</u>	26 Second Avenue NW	320-363-4468	Dr. Michael Contardo	michael@laserdentistrymn.com
<u>Re/Max Results Realty</u>	110 Division Street	320-266-8727	Tara Bayerl	tara.bayerl@results.net
<u>Finken Water Solutions</u>	PO Box 7190	320-258-2005	Tom Finken	tfinken@finkens.com
<u>Floral Arts</u>	307 1st Ave NE	320-363-7705	Elaine Kacures-Wruck	office@floralartsonline.com
<u>Forest Mushrooms Inc.</u>	14715 County Road 51	320-363-7956	Kevin Doyle	mail@forestmushrooms.com
<u>Gabriel Media</u>	1926 W Division St., SC	320-251-1780	Deb Huschle	deb@gabrielmedia.info
<u>Gary's Pizza</u>	17 College Avenue N	320-363-7261	Roger Steichen	roger@garyspizza.com
<u>Granite Community Bank</u>	PO Box 416, Cold Spring	320-685-8611	Jim Eiyneck	jime@granitecommunitybank.com
<u>Heartland Door Sales</u>	30489 Pearl Drive	320-363-4657	John Notch	heartlanddoorsales@gmail.com
<u>Hometown Title</u>	710 County Rd. 75 E, #101	320-260-1492	Tim Nelson	timnelson@email.com
<u>ISD 742 Kennedy School</u>	1300 Jade Road	320-363-7791	Anna Willhite	Anna.Willhite@isd742.org
<u>Joe Pfannenstein Signs</u>	1015 14th Avenue South	320-255-1049	Joe Pfannenstein	joesign88@gmail.com
<u>Jovanovich, Kadlec & Athmann</u>	1010 St. Germain Street W	320-230-0203		@jkalawfirm.com
<u>Kay's Kitchen</u>	303 College Ave. North	320-557-0030	Tanya Finken	tanyafinken@gmail.com
<u>Knight Builders</u>	701 Elm Street East	320-363-0783	Kevin & Carol	
<u>LaPlayette</u>	19 College Avenue North	320-363-7747	Ann Reiser	sjrproductions@gmail.com
<u>Little Saints Academy</u>	124 First Avenue SE	320-557-0123	Amy Bonfig	littlesaintsacademy@gmail.com
<u>Local Blend</u>	19 Minnesota Street W	320-363-1011	Stacie Engholm	thirdstonecoffee@gmail.com
<u>Michelich Granite</u>	7808 CR 75, S.C. 56301	320-363-7779	Jane Kalthoff	janek@michelichmemorials.com
<u>Milbert, Johnson & Cotton, DDS</u>	1514 Minnesota Street E	320-363-7729	Dr. Kelsey Milbert	msswecker@stjoedds.com
<u>Miller Carlin Funeral Homes</u>	3013 Roosevelt Road, SC	320-252-7004	Julie Gadiant	Julie@MillerCarlin.com
<u>MN Assoc. of Farm Mutual Ins.</u>	601 Elm Street East	320-271-0909	Dani Hennen	dani@mafmic.org
<u>MN Home Improvement</u>	8850 Ridgewood Court	320-363-4435	Tom Borresch	mnhomeimprovements@gmail.com
<u>Newsleaders</u>	32 First Avenue NW	320-363-7741	Janelle Von Pinnon	janellev@thenewsleaders.com
<u>Omamn Insurance Agency, LLC</u>	305 Cedar Street East	320-363-7233	Peter Omamn	pro@omannins.com
<u>Pam's Auto Inc</u>	7505 Ridgewood Road	320-363-9220	Mike Meyer	mike@pamsauto.com
<u>Pine Cone Vision Center</u>	2180 Troop Drive Sartell	320-258-3915	Cathy Vande Vrede	cvandevrede@pineconevisioncenter.com
<u>Premier Real Estate Services</u>	550 25th Avenue N	320-260-0972	Kerry Peterson	kerry@premierhomesearch.com
<u>Quill & Disc Inc</u>	30844 First Avenue NE	320-363-7296	Julie Watkins	watline@gmail.com

Turn to
St. Joseph
Chamber
of
Commerce
Businesses
First!

Business Directory

<u>Resurrection Lutheran Church</u>	610 North CR2	320-363-4232	Lori Schneider	rlc@rlcstjoe.com
<u>Retro Green Energy</u>	315 Franklin Avenue NE	320-252-8888	Lisa Taylor	lisa@retrogreenenergy.com
<u>Rockhouse Productions LLC</u>	PO Box 757	320-363-1000	Jeff Vee	jeffvee@rockhousepro.com
<u>Rolling Ridge Event Center</u>	31101 County Road 133	320-257-7755	Randy Schmitz	info@rollingridgeevents.com
<u>Russell Eyecare & Associates</u>	15 Minnesota St E #107	320-433-4326	Chris Russell-Villnow	info@russelleyecare.com
<u>Sam's Outdoor & More</u>	219 E Cedar St	320-557-0090	Mark McGillivray	mark@samsoutdoorsll.com
<u>Scenic Specialties Landscape</u>	31101 County Road 133	320-363-7479	Ben Stockinger	info@scenicspecialties.com
<u>Scherer & Sons Trucking</u>	1007 1/2 Minnesota St E	320-363-8646	Bill Scherer	bscherer@scherertrucking.com
<u>Sentry Bank</u>	400 Fourth Avenue NE	320-363-7721	Brad Eckhoff	Brad.Eckhoff@mysentrybank.com
<u>Sisters of Order of St. Benedict</u>	104 Chapel Lane	320-363-7142	Sister Karen Rose	krose@csbsju.edu
<u>Snap Fitness</u>	708 Elm Street	320-363-7757	Ashley	<u>stjoseph@snapfitness.com</u>
<u>SPOT Rehab & Home Health</u>	2835 W St. Germain Street	320-259-4151	Tamara Huesers	tezers@pamsauto.com
<u>St Joe Mini-Storage</u>	24 Birch Street West	320-363-4953	Mike Deutz	mdeutz@live.com
<u>St John's Prep</u>	2280 Water Tower Road	320-363-3320		
<u>St Joseph Meat Market Inc</u>	26 First Avenue NW	320-363-4913	Harvey Pfannenstein	stjoemeat@stjoemeat.com
<u>St Joseph Mutual Insurance</u>	13 Minnesota Street W	320-363-4144	Jenny Eiyneck	jenny@stjoemutual.com
<u>Stearns County Abstract</u>	21 Courthouse Square	320-251-5920	Chris Steffes	chriss@stearnscountyabstract.com
<u>Stearns Electric Association</u>	29643 Frontage Road	320-363-4630	Michelle Christiansen	mchristiansen@stearnselectric.org
<u>State Farm Insurance</u>	414 Eighth Avenue NE	320-433-4011	Amy Hedke	amy@centralmagent.com
<u>The Estates Bed & Breakfast</u>	29 E Minnesota Street	320-557-0300		info@estatesbedandbreakfast.com
<u>Thomsen's Greenhouse</u>	29754 156th Avenue	320-363-7375	Arno Shermock	arno@tgreenhouses.com
<u>Tiremaxx/Mid-State Wholesale</u>	11415 County Road 75	320-363-7246	Bethany Strom	bo@tiremaxx.com
<u>Tri-County Abstract & Title</u>	122 Twelfth Ave N	800-892-2399	Melanie Walz	melaniew@tricountyabstract.com
<u>W Gohman Construction Co.</u>	815 County Road 75 E	612-859-0382	Tim Elness	telness@wgohman.com
<u>WACOSA</u>	PO Box 757, Waite Park	320-251-008	Roxanne Ryan	rryan@wacosa.org
<u>Woodcrest of Country Manor</u>	1200 Lanigan Way SW	320-271-1200	Gail Rucks	grucks@countrymanor.org